

# DEMENTIA SUPPORT EQUINE PROGRAMS

EQUINE-ASSISTED MEMORY CAFÉS  
RIDING IN THE MOMENT & RIM MOBILE  
STEADY STRIDES FOR PARKINSON'S



**BEAMING**  
EQUINE-ASSISTED SERVICES

## Enriching quality of life through connections with equine partners.

BEAMING's Dementia Support Equine Programs seek to reduce social isolation and encourage physical activity for those living with dementia and their caregivers.

## RIDING IN THE MOMENT PROGRAM

Developed with the University of Wisconsin-Madison, BEAMING is the **second in the nation** to offer **Riding in the Moment**, an evidence-based program that improves the quality of life for both seniors living with early- to moderate-onset dementia and their caregivers.

Participants groom, walk and can ride horses, make and feed horse treats, watch horse demonstrations and participate in mind-body emotions exercises, educational activities, and hands-on projects. Some of the most popular activities include storytelling, musical performances, dancing and arts and crafts.

This program also benefits caregivers by allowing them to spend quality time in an uplifting outdoor setting with their loved one, allowing them the opportunity to ride horses, and introducing them to a support network of other caregivers experiencing similar challenges.

This no-cost program serves clients regardless of socio-economic status, race, gender orientation, religion or ability.

We also take the horses and these activities to memory care facilities through our **RIM Mobile** program, helping residents socialize while exercising their minds and bodies. Life enrichment staff have shared with us that our RIM program is something their residents ask about and look forward to. Many residents even share memories that arise of growing up with horses.

► **To enroll** in the Riding in the Moment program or to inquire about RIM Mobile, please call or text Katie Samuelson, Center Director, at 920-851-6160 or email [incbeaming@gmail.com](mailto:incbeaming@gmail.com). See program dates at [beaminginc.org/calendar](http://beaminginc.org/calendar) or by scanning the QR code to the right.



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\*Visits by appt only please

